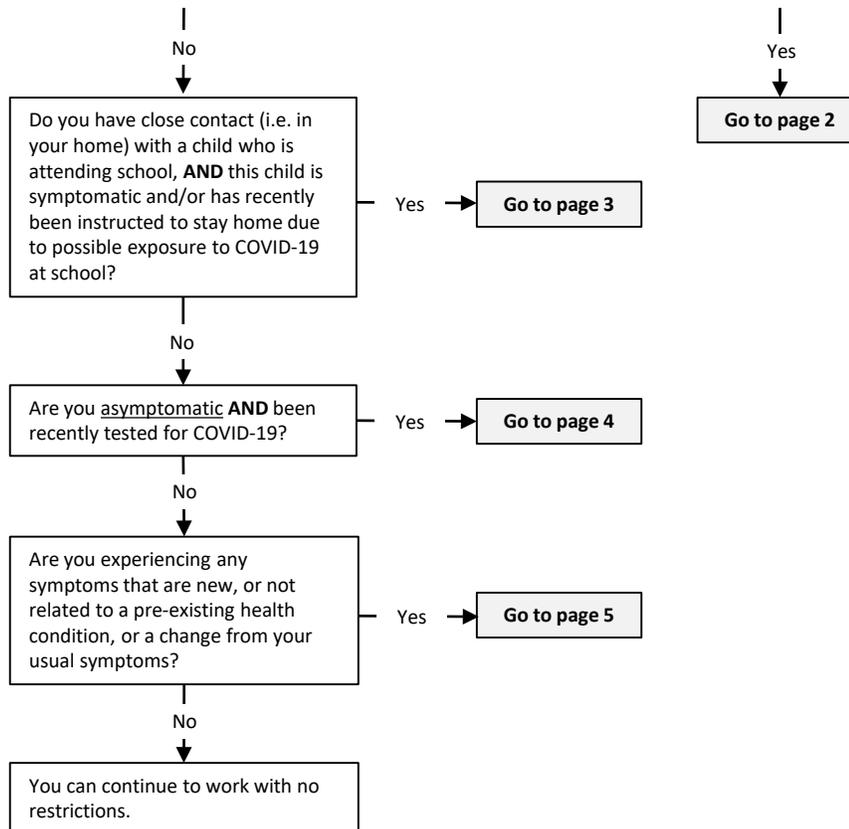


COVID-19 Return to Work Decision Chart For Healthcare Workers

For more information, see the [COVID-19 Return to Work Guide for Healthcare Workers](#) ►

In the past 14 days, have you:

- Had close contact*, without wearing appropriate personal protective equipment, with a person who tested positive for COVID-19, during that person's infectious period*?; OR
- Had close contact*, without wearing appropriate personal protective equipment, with a person with an acute respiratory illness, and in the 14 days before their illness onset, this person had either:
 - Travelled outside of Canada;
 - Had close contact* with a lab-confirmed COVID-19 case during that case's infectious period*; OR
- Had laboratory exposure to biological material (e.g. primary clinical specimens, virus culture isolates) known to contain COVID-19 virus? OR
- Travelled outside of Canada?



*NOTES:

1. If your potential exposure to the COVID-19 virus occurred while performing your work duties, then you must report this exposure. If you develop symptoms within 14 days of a work-related exposure, then this must also be reported. To report your work-related exposure or subsequent symptoms, contact **WHS (1-855-450-3619)** if you work for AHS or APL, or contact **OHS (1-855-342-8070)** if you work for Covenant Health.
2. There is no need to contact WHS prior to returning to work unless instructed to do so by WHS. Return to work decisions should be made in consultation with this guide and discussion with one's manager or medical staff leader, as appropriate.
3. **"Close contact"** is defined as:
 - Provided direct care for the case (including healthcare workers, family members or other caregivers), or who had other similar close physical contact (e.g. intimate partner, hug, kiss, handshake) without consistent and appropriate use of [personal protective equipment](#); OR
 - Lived with or otherwise had close prolonged contact which may be cumulative, i.e. multiple interactions for a total of 15 minutes or more and within two metres with a case without consistent and appropriate use of [personal protective equipment](#); OR
 - Had direct contact with infectious bodily fluids of a case (e.g. shared cigarettes, glasses/bottles, eating utensils) or was coughed or sneezed on while not wearing recommended [personal protective equipment](#).
4. **"Infectious period"** is defined as:
 - For a COVID-positive case who is symptomatic, 48 hours prior to the onset of symptoms until 10 days after symptom onset.
 - For a COVID-positive case who remains asymptomatic, 48 hours prior to their COVID test (swab collection) until 10 days after their COVID test date.

In the past 14 days, you have either:

- Had close contact*, without wearing appropriate personal protective equipment, with a person who tested positive for COVID-19, during that person’s infectious period*; OR
- Had close contact*, without wearing appropriate personal protective equipment, with a person with an acute respiratory illness, and in the 14 days before their illness onset, this person had either:
 - Travelled outside of Canada;
 - Had close contact* with a lab-confirmed COVID-19 case during that case’s infectious period*; OR
- Had laboratory exposure to biological material (e.g. primary clinical specimens, virus culture isolates) known to contain COVID-19 virus; OR
- Travelled outside of Canada

* See definitions on page 1

You must quarantine for 14 days from the date of last exposure*.

During your 14-day quarantine, have you developed a fever, cough, shortness of breath, difficulty breathing, sore throat, or runny nose that is new, or not related to a pre-existing health condition, or a change from your usual symptoms?

Yes

Take the online [COVID-19 self-assessment](#) for consideration of COVID-19 testing.

NOT tested:

- Continue the 14-day quarantine due to the exposure, or isolate for 10 days after onset of symptoms, or until symptoms resolve, whichever is longer.

No

During your 14-day quarantine, have you developed any other symptoms which are new, or not related to a pre-existing health condition, or a change from your usual symptoms?

Yes

Take the online [COVID-19 self-assessment](#) for consideration of COVID-19 testing.

NOT tested:

- Continue the 14-day quarantine due to the exposure, or until symptoms resolve, whichever is longer.

No

You have remained asymptomatic during your 14-day quarantine period. Follow the actions below if you were tested for COVID-19 while asymptomatic during your 14-day quarantine period.

Tested

Test is POSITIVE*:

- Isolate for 10 days after onset of symptoms, or until symptoms resolve, whichever is longer.

Test is NEGATIVE:

- Return to work at the end of the 14-day quarantine period, or after symptoms resolve, whichever is longer.

NOT tested:

- If you don’t have any symptoms during your entire 14 day quarantine period, then you can return to work when the full 14 days of quarantine are complete.

Tested

Test is POSITIVE*:

- If you remain asymptomatic, then isolate for 10 days after the date that your specimen was collected for COVID-19 testing.
- If you develop symptoms during your isolation period, then you must isolate for 10 days after onset of symptoms, or until symptoms resolve, whichever is longer.

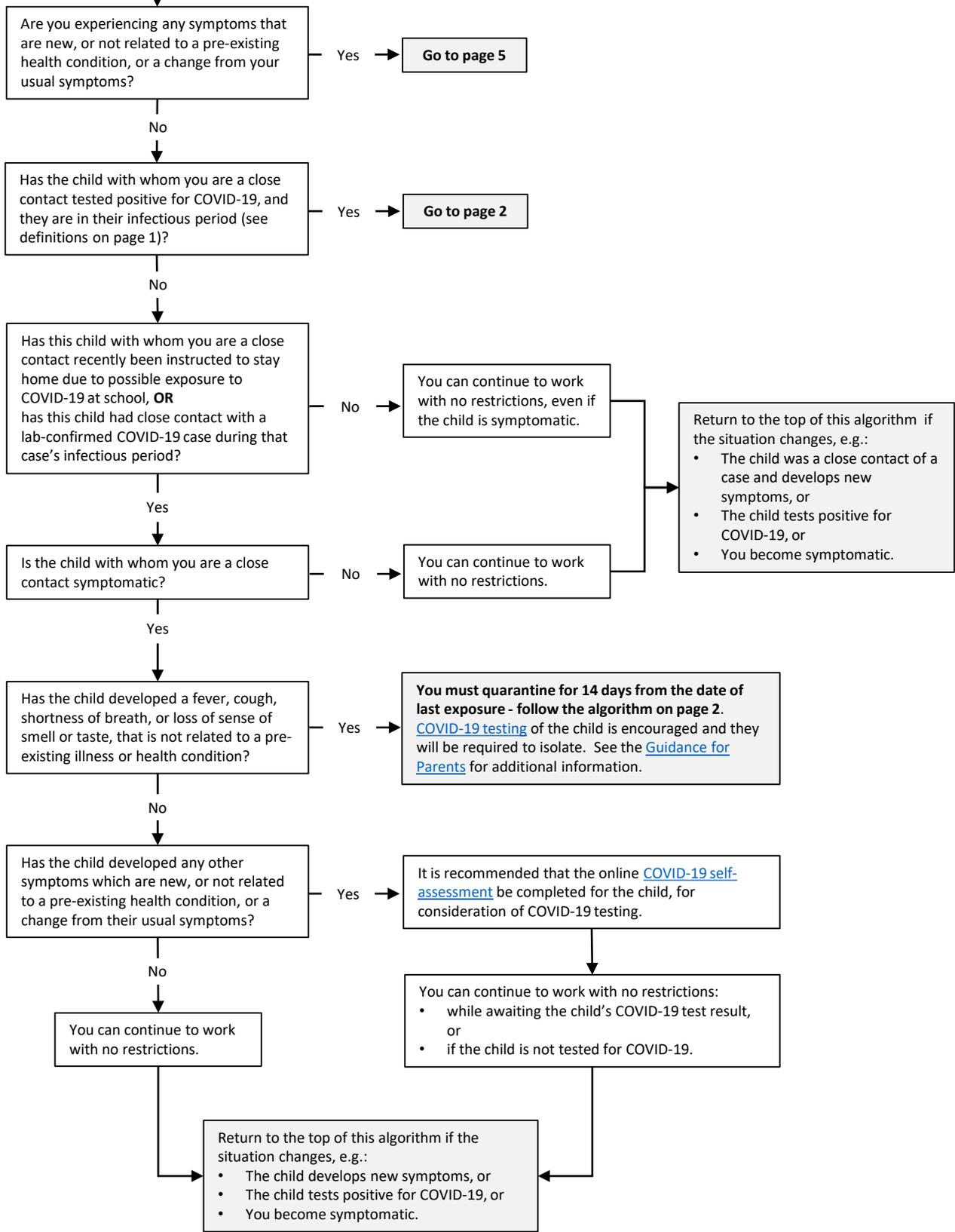
Test is NEGATIVE:

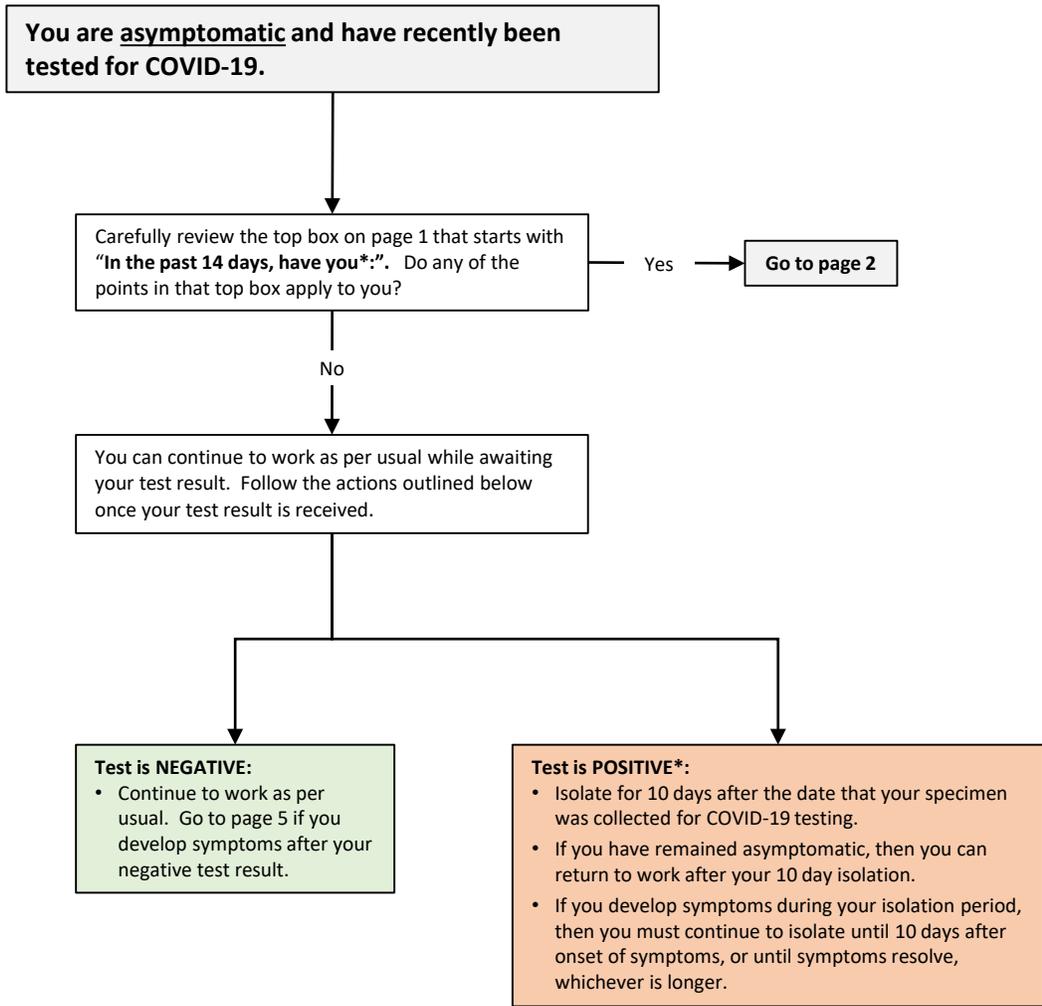
- Return to work at the end of the 14-day quarantine period.

*** NOTES:**

1. If you have ongoing close contact with a case (e.g. in the household), then the “date of last exposure” is the date when the case is no longer considered infectious, which is 10 days after symptom onset in the case (or 10 days after specimen collection if the case tested positive but never developed symptoms). Your 14-day quarantine period would then begin after this date.
2. If you have tested positive **AND** you were at work at any time from 48 hours prior to your symptom onset up to 10 days after symptom onset (or, if you remained asymptomatic, from 48 hours prior to your COVID test to 10 days after your COVID test), then please contact **WHS (1-855-450-3619)** if you work for AHS or APL, or contact **OHS (1-855-342-8070)** if you work for Covenant Health.
3. You are considered a healthcare worker if you work in any of the following settings:
 - AHS or Covenant Facility in which patient care is provided
 - Community settings where care is provided (e.g. EMS, Home Care)
 - Primary Care
 - Diagnostic imaging or Laboratory Clinics
 - Medical Specialty Clinics
 - Continuing Care and Licensed Supportive Living Sites
 - Pharmacists and Pharmacy Technicians (in patient care settings)

You have close contact (i.e. in your home) with a child who is attending school, AND this child is symptomatic and/or has recently been instructed to stay home due to possible exposure to COVID-19 at school.





*** NOTES:**

1. If you have tested positive **AND** you were at work at any time from 48 hours prior to your symptom onset up to 10 days after symptom onset (or, if you remained asymptomatic, from 48 hours prior to your COVID test to 10 days after your COVID test), then please contact **WHS (1-855-450-3619)** if you work for AHS or APL, or contact **OHS (1-855-342-8070)** if you work for Covenant Health.

2. You are considered a healthcare worker if you work in any of the following settings:

- AHS or Covenant Facility in which patient care is provided
- Community settings where care is provided (e.g. EMS, Home Care)
- Primary Care
- Diagnostic imaging or Laboratory Clinics
- Medical Specialty Clinics
- Continuing Care and Licensed Supportive Living Sites
- Pharmacists and Pharmacy Technicians (in patient care settings)

You are experiencing any symptoms that are new, or not related to a pre-existing health condition, or a change from your usual symptoms.

Carefully review the top box on page 1 that starts with "In the past 14 days, have you*:". Do any of the points in that top box apply to you?

Yes → **Go to page 2**

No

Do you have a fever, cough, shortness of breath, difficulty breathing, sore throat, or runny nose that is not related to a pre-existing illness or health condition?

Yes → Take the online [COVID-19 self-assessment](#) for consideration of COVID-19 testing.

No

Do you have any other symptoms which are new, or not related to a pre-existing health condition, or a change from your usual symptoms?

No

Yes

Have you been immunized within 24 hours before your symptoms started or changed?

No

Yes

Have your symptoms resolved within 48 hours (2 days) of onset?

No

Yes

You can return to work unless you have been instructed to quarantine or isolate for other reasons.

NOT tested:
• Remain off work and limit contact with others until symptoms resolve.

NOT tested:
• Isolate for 10 days after onset of symptoms, or until symptoms resolve, whichever is longer.

Tested

Test is POSITIVE*:
• Isolate for 10 days after onset of symptoms, or until symptoms resolve, whichever is longer.

Test is NEGATIVE:
• Return to work after symptoms resolve.

If you are asymptomatic, then you can continue to work with no restrictions.

See page 4 if you are asymptomatic and underwent COVID-19 testing.

*** NOTES:**

1. If you have tested positive **AND** you were at work at any time from 48 hours prior to your symptom onset up to 10 days after symptom onset (or, if you remained asymptomatic, from 48 hours prior to your COVID test to 10 days after your COVID test), then please contact **WHS (1-855-450-3619)** if you work for AHS or APL, or contact **OHS (1-855-342-8070)** if you work for Covenant Health.

2. You are considered a healthcare worker if you work in any of the following settings:

- AHS or Covenant Facility in which patient care is provided
- Community settings where care is provided (e.g. EMS, Home Care)
- Primary Care
- Diagnostic imaging or Laboratory Clinics
- Medical Specialty Clinics
- Continuing Care and Licensed Supportive Living Sites
- Pharmacists and Pharmacy Technicians (in patient care settings)